

# Montana Asthma Camps

Supported by the Montana Asthma Control Program



How do campers feel about Montana asthma camps?

Campers learn what makes their asthma worse.



90%

Were glad they came



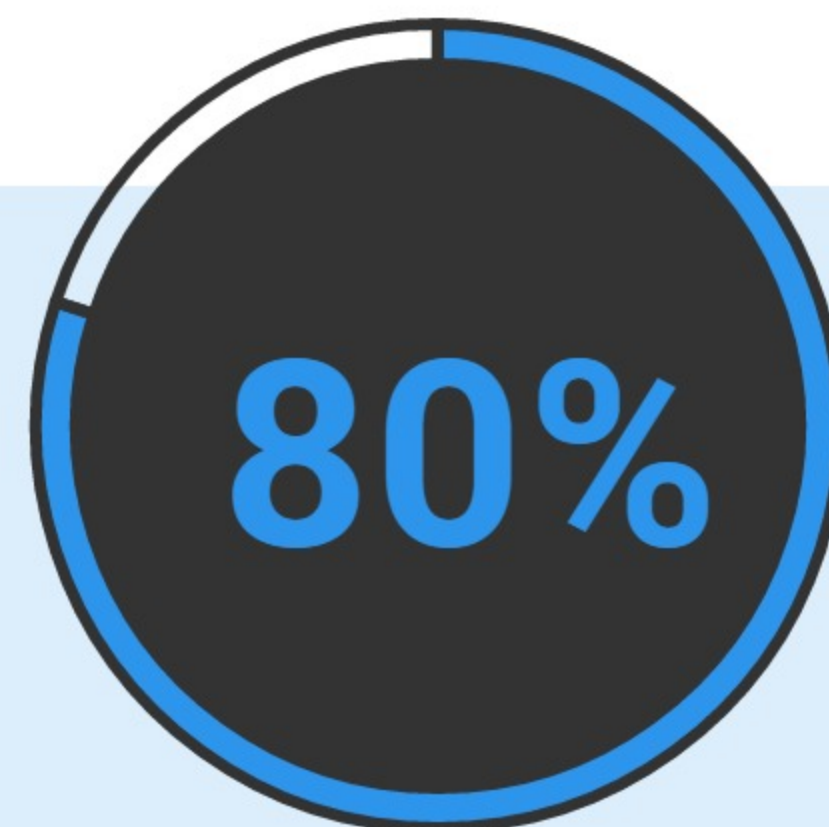
70%

Think camp is a good thing for kids with asthma



55%

Felt better about their asthma after camp



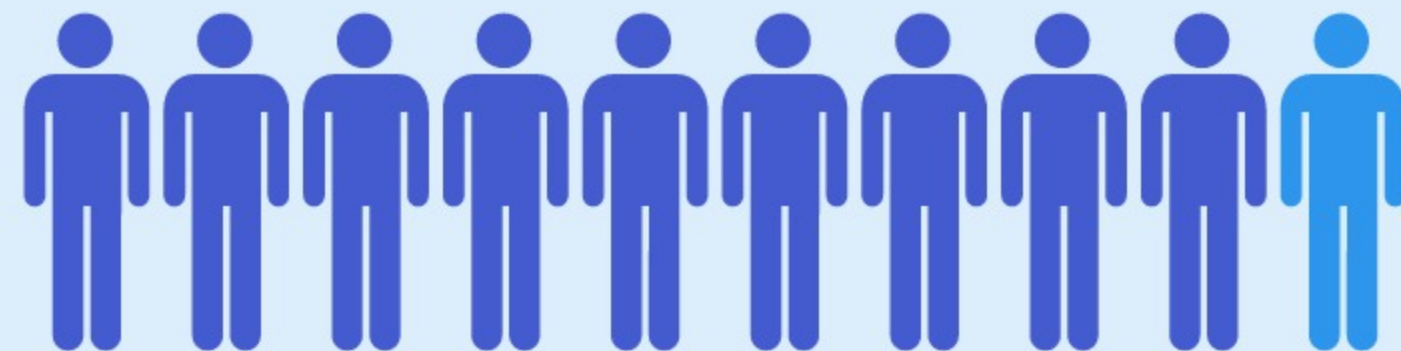
Only about half of campers knew what a trigger was before coming to camp, and 8 out of 10 knew what it was by the end of camp

Campers learn about how to control their asthma.

Before camp



After camp



Only about half of campers knew to take their controller medicine every day, even when they feel OK



Over 90% now know to take their controller medicine every day, even when they feel OK

To learn more about the Asthma Awareness Campout in Rosebud County, contact Carlene Gandara at: [7hasmynumber@gmail.com](mailto:7hasmynumber@gmail.com)

To learn more about Camp Huff 'n Puff in Powell County, contact Kendra Procacci at: [kendra.procacci@umontana.edu](mailto:kendra.procacci@umontana.edu)